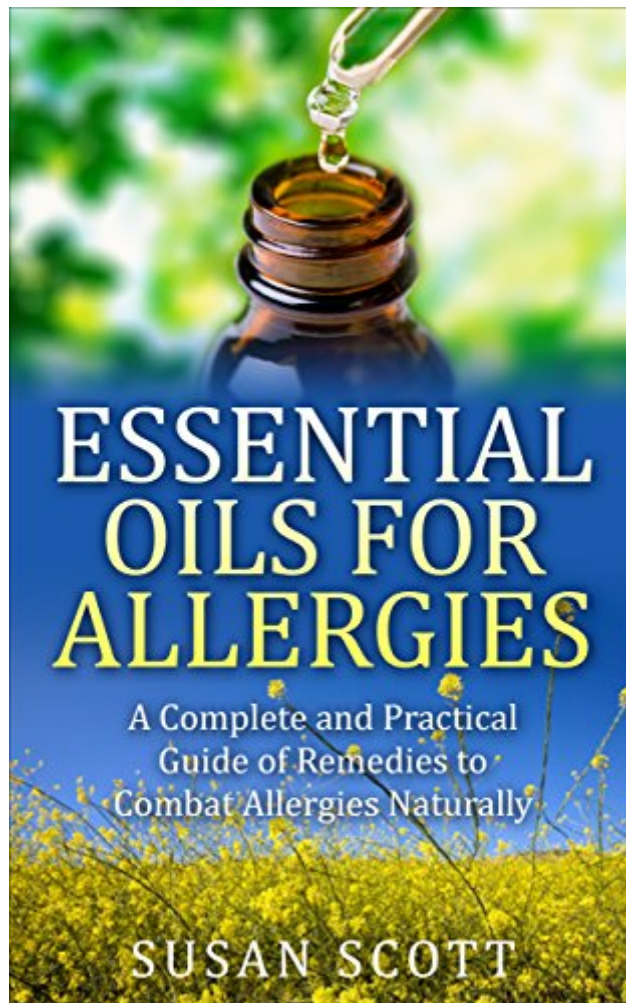


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# Essential Oils For Allergies: A Complete Practical Guide Of Natural Remedies And Ailments



## Synopsis

This book will help you learn all about overcoming allergies. Essential oils are becoming better known as an alternative treatment than mainstream medicine. With clinical studies currently underway in Europe, Australia, Japan, India, the United States, and Canada, many of these studies describe the remarkable healing properties of various oils. Here's What You'll Learn

- Blending and storing essential oils
- Safety precautions when using Essential Oils
- Most effective essential oils for allergies
- Remedies for common ailments that include: - Itchy Eyes - Eczema - Food Allergies - Hay Fever- Mold Allergies- Urticaria - Sinus Headache - Atopic Dermatitis

Susan Scott, the author, survived a bleeding ulcer and was hospitalized for days after severe blood loss. She found the healing qualities of essential oils and discovered a whole new world. So Download your copy today! To order Essential Oils for Allergies, click the buy button and download your copy right now!

## Book Information

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## Customer Reviews

This book is fantastic. I used some of these pills for my allergies, skin issues, etc and they work amazing. I'm a long time sufferer of these maladies and these recipes helped me when over the counter and prescription medicine failed. So much safer too. I feel so much better after using them

for a while as well which is extra benefits of using these pills. a healthier, newer, happier me. Try it, give it time and you'll be glad you did. Thank you Susan. great book. Informative, useful and effective

Susan's Scott's book was really helpful. It is well written, sensible and error free, unlike some kindle books. The book gave understandable explanations of various allergic reactions, from hay fever, food allergies, cat and dog allergies to anaphylactic shock to name just a few. It also gave the essential oils to use for each allergy and the oil's therapeutic benefits. For allergy sufferers looking for alternatives to drugs and their side effects, I would highly recommend this book.

This is a really good book and I enjoyed learning about essential oils and how they can help with many allergy related conditions. Since it's that time again where allergies can be a pain this book is a great relief. The book starts out with telling you about what essential oils, the history, buying them are and how to store them. I never knew the origins of essential oils and it's nice to know they been around since the beginning of civilization. I also appreciate the tips on buying the oils and what to look for like not to go for the lowest price but focus on quality. The second chapter of the book broke down different oils, the names, and the health benefits of them. A great example of essential oils the book mentioned was ginger; I learned that Ginger is a great antiseptic and great inflammatory. The book also talks about make allergy conditions in detail and what oils you should get for them. This book was informative but not lengthy or boring. I totally recommend this book for anyone interested in learning about essential oils.

After reading this book, I now have a better understanding of aromatherapy and it's benefits. Not only does this book give you the information you need to effectively treat allergy symptoms, it also explains the many other uses. I never realized why certain smells invoked certain feelings before reading this book. There are even tips on some essential oil combinations and how to correctly dilute them. I would definitely recommend this book to anyone who is looking for an alternative to filling their bodies with chemicals and additives found in prescription or OTC medications and would like to try a more natural remedy. The author also shows how aromatherapy can be used in compliment to medication, and even warns of possible interactions and scenarios when certain oils should not be used.

This book has really given me some help with my allergies without taking any prescriptions pills or

other over the counter brand. The oils really help you out and I would recommend this book to anyone who needs help with their allergies. This is a great alternative.

A very short book, and the author does not state her qualifications. I was hoping to see some references that support her therapeutic suggestions. Seemed a bit like a marketing exercise. A bit disappointing.

Excellent read. Information well laid out for ease of read and learning about different oils and effective use. Educational on different concerns, and why the reactions are occurring and ways to deter and counteract if needed.

I read this book last night and ordered two aromatherapy diffusers and some oils today. This little gem offers quite a bit of helpful information. I have used essential oils in my homemade soaps for years and now look forward to tackling my son's and my allergies, naturally. Thank you, Susan Scott, for your research and sharing your knowledge. I am grateful.

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